



## INVITATION

We, boxing club "IN-FIGHT" and Latvian Boxing Federation, are proud to invite boxers and their team delegates to our annual international boxing tournament **4th Riga Ladies Boxing Cup 2023**, which will be held on 8<sup>st</sup> – 13<sup>th</sup> of MARCH 2023 in Riga, Latvia.

### ① PURPOSE AND TARGET OF THE EVENT:

→ The purpose of the tournament is to popularize and develop boxing in Riga, also to cultivate healthy lifestyle among young people. And the targets are: promotion and improving boxers' skills, strengthening friendly and sporting relations between representatives of clubs from different countries.

### ② INFORMATION ON THE AGE OF BOXERS AND CATEGORY:

| Age Classification | Year of birth | Weight categories   |
|--------------------|---------------|---|
| Schoolgirls        | 2009 - 2010   | 34-36kg, 38 kg, 40 kg, 42 kg, 44 kg, 46 kg, 48 kg, 51 kg, 54 kg, 57 kg, 60 kg, 64 kg, 70 kg   |
| Juniors            | 2007 - 2008   | 44-46 kg, 48 kg, 50 kg, 52 kg, 54 kg, 57 kg, 60 kg, 63 kg, 66 kg, 70 kg, 75 kg, 80 kg, 80+ kg |
| Youth              | 2006 - 2005   | 45-48 kg, 50 kg, 52 kg, 54 kg, 57 kg, 60 kg, 63 kg, 66 kg, 70 kg, 75 kg, 81 kg, 81+ kg        |
| Elite              | 2004 - 1983   | 45-48 kg, 50 kg, 52 kg, 54 kg, 57 kg, 60 kg, 63 kg, 66 kg, 70 kg, 75 kg, 81 kg, 81+ kg        |

→ Maximum of participants in each weight category is 8 boxers.

### ③ COMPETITION FORMAT:

→ The tournament is held in accordance with valid international IBA rules.

| Age Classification | Duration and number of rounds                  |
|--------------------|--|
| Schoolgirls        | 3 rounds x 1,5 min (1 min rest between rounds) |
| Juniors            | 3 rounds x 2 min (1 min rest between rounds)   |
| Youth              | 3 rounds x 3 min (1 min rest between rounds)   |
| Elite              | 3 rounds x 3 min (1 min rest between rounds)   |

### ④ COMPETITION VENUE:

→ Name: **Riga secondary school HANZAS**

→ Location: **Grostonas iela 5, Riga, Latvia.**

## ⑤ EVENT PERIOD AND PHASES:

| Date           | Phase   |
|----------------|---|
| March 8 (Wed)  | Arrivals of Team Delegations  |
| March 9 (Thu)  | Arrivals of Team Delegations<br>10:00 – 14:00 Registration<br>19:00 Official draw |
| March 10 (Fri) | 7:00 – 8:00 Daily weight-in<br>11:00 Elimination                                  |
| March 11 (Sat) | 7:30 – 9:00 Daily weight-in<br>12:00 Semifinals                                   |
| March 12 (Sun) | 7:00 – 8:00 Daily weight-in<br>11:00 Finals<br>Winners Award Ceremony             |
| March 13 (Mon) | Departure of Team Delegations   |

## ⑥ REGISTRATION:

- Registration to the tournament opens on **16<sup>th</sup> of January 2023**.
- Final entries with arrival and departure details must be sent **until 25<sup>th</sup> February, 2023**.
- Registration of participants is performed by filling the form at [registration.in-fight.lv/](https://registration.in-fight.lv/), there you can also see the list of already registered.
- If you fail to register or need to make entry changes, please contact us by email [in-fight@inbox.lv](mailto:in-fight@inbox.lv) or by phone numbers +371 29900500 (russian) or +371 26163401 (english).

## ⑦ REQUIREMENTS:

- All Boxers must bring the following items:
  - IBA International Record Book;
  - Current and valid Passport;
  - Declaration of non-pregnancy;
  - Medical admission to the tournament from the attending physician or medical institution with a mark in the record book (must not be older than 3 months);
  - Two sets of uniform (blue and red);
  - Also a mesh or shawl/bandanna, for use under a protective helmet.
- Boxing gloves and safety helmet complying with IBA Technical and Competition Rules are provided by the organizer.

## ⑧ ACCREDITATION & ACCOMMODATION:

Each participant (as well as the coach/referee/judge or other participant of the official delegation) must pay a fee of:

- **TWIN ROOMS - 40 €/pers. for each day of the competition.** This amount includes accommodation for 1 participant including breakfast and wi-fi.
- **SINGLE ROOMS - 65 €/pers. for each day of the competition.** This amount includes accommodation for 1 participant including breakfast and wi-fi.
- Unfortunately, we are obliged to inform participants that this year we cannot include lunch and dinner in the price of accommodation. Team members must take care of their meals themselves.

→ Transfer of participants and teams from the airport upon arrival and to the airport upon departure will be provided for a separate fee of 25 €/pers.

→ All costs associated with the flight or transportation of teams to the city of the tournament are covered by the delegating party. As well as the costs associated with health insurance, etc.

### ⑨ MEDICAL CARE:

→ Will be provided by tournament organizers (as well as the ambulance brigade).

### ⑩ MEDALS:

→ The winner in each age group and each weight category will be awarded with a gold medal. The runner-up finalist gets a silver medal. Both athletes retired in the semifinals will be awarded with a bronze medals.

→ Also, the organizers announce 3 nominations outside the categories - "For the Best Technique", "For the Will to Win", "The Most Beautiful Fight". The winners will be determined by interviewing the opinions of the representatives of the teams and the main jury and will be awarded with a separate prize.

### ⑪ COVID-19 PROTOCOL FOR TEAM DELEGATIONS:

When issuing this Invitation there is no Covid-19 restrictions in Latvia. 4<sup>th</sup> Riga Ladies Boxing Cup is therefore not applying Covid-19 protocol. As Tournament LOC is constantly monitoring this situation we shall keep all participants updated of any changes that may occur.

### ⑫ FINAL QUESTIONS AND CONTACTS OF THE ORGANIZER:

For all questions related to:

- accommodation in the hotel of athletes and official representatives (for improving conditions or finding cheaper accommodation options);
- problems when registering a participant on our web page or if entry change is needed;
- registration of judges / referees;
- and other issues

Please, contact the tournament organizers in the following ways:

e-mail: [in-fight@inbox.lv](mailto:in-fight@inbox.lv)

fb: [facebook.com/Infight.boxing](https://www.facebook.com/Infight.boxing)

GSM: +371 29900500 (russian); +371 26163401 (english)

Whatsapp, Telegram

And also follow the latest news on the upcoming tournament on our website

[www.in-fight.lv](http://www.in-fight.lv) or on our facebook page - [fb.com/Infight.boxing](https://www.facebook.com/Infight.boxing).

Best regards,  
Head of the club "IN-FIGHT"  
Oskars Bokis



13 ACCOMMODATION:

**Rija VEF Hotel Riga \*\*\***

Address: Brivibas iela 199c, Riga



BA "IN-FIGHT", reg.nr. 50008267781,

Address: Nicgales iela 14-59, Riga, Latvia, LV-1035

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